

Synthetic oil for high mileage car?

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Hi,

My car is 8-years old and has about 165k km on the odometer. I got the car when it had about 100k km and I've been taking it to a local shop for oil changes ever since. (I bought a lifetime oil change card) I recently decided to start doing oil changes myself so I can choose the type of oil and filter to use (I believe the shop uses Pennzoil). I was reading an old "oil change" thread in the OpenForum and a lot of people recommend Mobil 1 Synthetic.

Synthetic oil appeals to me because the winters here can get pretty cold (typically between -15C to -30C). I have read synthetic oil performs very well in cold weather and especially good for cold starts. However, I have read that switching from conventional oil to synthetic oil in an older vehicle can cause problems (i.e., oil leaks). As far as I can detect, my car does not currently leak (or burn) any oil. My question is: Is it risky to switch from conventional engine oil to synthetic oil in a high-mileage car?

Please help.

I did not find the right solution from the internet.

References:

<https://arstechnica.com/civis/viewtopic.php?t=994454>

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Thanks!

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