

## What cause your illness?

Escrito por MichaelSmith - 16/05/2018 07:20

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Hello,

I'm wondering what cause other people's depression, anxiety...etc? My parents and my school cause the most, and now pretty much every person I met I'm afraid they don't like m, every friend I have I'm afraid to lose, and I can't stand that pressure anymore. People tell me to look around and find the people you and the ones who love you so you can hold on, but I don't love anyone and no one loves me, I don't even love myself and I'm all alone trying to die but afraid again. I can't hold on, I have no one and I also lost myself.

Please help

I didn't find the right solution from the internet.

References:

<https://teenlineonline.org/board/viewtopic.php?t=23091>

Creative video agency

Thanks

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